

Labor And Delivery Appointment Reminder/Instructions Sheet

Patient Name: _____ Arrival Time: _____

You are scheduled for the following procedure(s) at Stone Springs Hospital Center:

- Injections/Infusions _____ Cerclage _____
 Cervical Ripening _____ (spend night) Induction _____
 C-Section _____ Version _____
 Dr. Thomas Burns III Dr. Carrie Klett Dr. Jennifer Muldoon Victoria Snyder Atencio, CNM

Instructions:

CESAREAN SECTIONS: You will be given a pre-op booklet that includes a Hibiclens cleansing protocol and fasting instructions. You cannot have **anything** to eat for 8 hours prior to your scheduled procedure. Doing so, will result in the delay or rescheduling of your procedure. Water/clear liquids are allowed until 4 hours prior; after which nothing by mouth. You are to arrive 2 hours prior to your surgery time. Go through the main entrance to the information desk to check-in with your photo ID and insurance card/s. Then proceed to the Labor and Delivery unit located on the second floor.

CERVICAL RIPENING: Pack your bag and plan to spend the night as this procedure is an inpatient one. One support person can spend the night with you. Your induction will start the next day. If you are scheduled before 5 pm, go through the main entrance to the information desk to check-in with your photo ID and insurance card/s. Then proceed to the Labor and Delivery unit located on the second floor. **If you are scheduled after 5 pm, go through the emergency room entrance to check-in with your photo ID and insurance card/s. Then proceed to the Labor and Delivery unit located on the second floor.**

INDUCTIONS: You may have a **light** breakfast** before heading to the hospital. You are to arrive for your induction 15-30 minutes prior to the scheduled time of your appointment. Go through the main entrance to the information desk to check-in with your photo ID and insurance card/s. Then proceed to the Labor and Delivery unit located on the second floor. ****If you are attempting to VBAC (a vaginal birth after having had a cesarean section) you are to fast beginning at midnight the evening prior to your scheduled induction.**

INJECTIONS OR INFUSIONS: Go through the main entrance to the information desk to check-in with your photo ID and insurance card/s. For RhoGAM injections, you will be directed first to the lab. For iron infusions, you will proceed to the Labor and Delivery unit located on the second floor.

CERCLAGES OR VERSIONS: You cannot have **anything** to eat for 8 hours prior to your scheduled procedure. Doing so will result in the delay or rescheduling of your procedure. Water/clear liquids are allowed until 4 hours prior; after which nothing by mouth. You are to arrive 2 hours prior to your surgery time. Go through the main entrance to the information desk to check-in with your photo ID and insurance card/s. Then proceed to the Labor and Delivery unit located on the second floor. You must arrange to have someone accompany you and drive you home after your procedure.