



Tepeyac OB/GYN
Something More Than Medicine™

Postpartum Instructions for Gestational Diabetes

You have been diagnosed with Gestational Diabetes during this pregnancy. Because not all women with Gestational Diabetes return to normal after delivery, you will need to be re-tested for diabetes 6-12 weeks after your delivery date. If you would like to do this along with your 6-week postpartum visit, please inform the front desk when you call to schedule your appointment. If not, you can arrange for it to be done some time in the following 6 weeks. If you need a lab sheet for this to be done at another facility, please let your provider know at your visit. Further follow-ups will only be needed if the test is still abnormal.

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We're here for you